

Mature & Mindfulness

Faith in Recovery

SMART Recovery

Luxury &

Mental Health

PHP

IOP

Detox

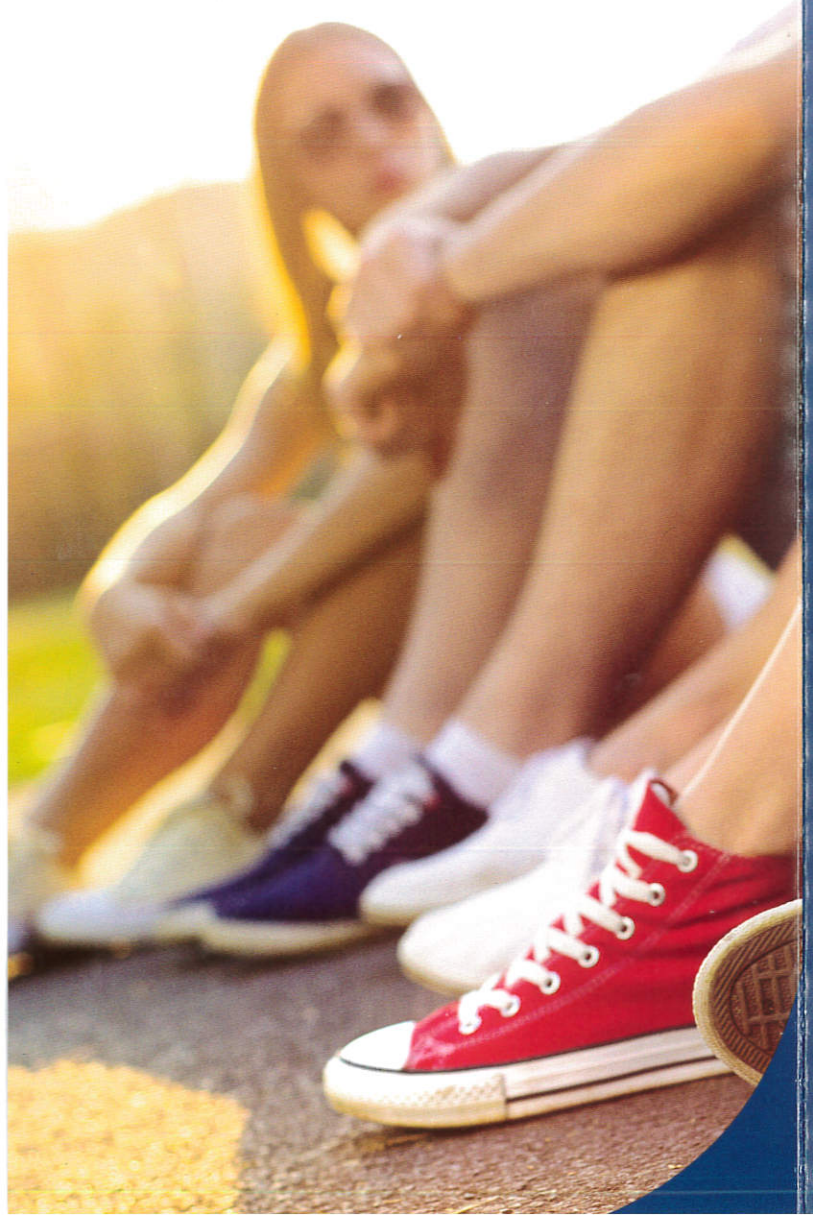
Residential



Banuan

The Banyan Difference

The Banyan Treatment Center Family stands as a leader in providing growth through recovery by offering our patients all levels of care for their recovery process. We understand the burden that addiction places on the individual and everyone surrounding one living in active addiction. We know the challenges that come from battling back against addiction, and making strides towards a happy and productive recovery. The Banyan Treatment Center Family believes that every patient is unique and we offer individualized custom treatment programs that are tailored to fit every need. We truly care about our patients and believe in an approach that is effective, but also realistic in producing intrinsic motivation for change. We believe this is the only way to ensure a sustained recovery.



Mental Health

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Detox

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Detox

Banyan Treatment Center offers a full medical detox, providing the highest standards in safety and comfort for our patients to begin their recovery process.

Our Detoxification Facilities are set in extraordinarily beautiful and tranquil locations, and they stand as an entry point to our treatment continuum. Our exceptionally skilled staff provides continuous assistance and support in all areas. Patients can expect to receive daily medical supervision and nursing staff is available 24-hours a day. Medications are administered through a strict and specific protocol, targeting a successful and safe detoxification from chemicals of abuse or dependence. Our goal at Banyan is to provide the most secure and comfortable detoxification process in the industry and all treatment and supervision is provided in accordance with legal, clinical and accreditation guidelines.

Residential

The Residential Program is the next step down in treatment after completing the detox process. This program is a "live-in" treatment setting, where patients still have access to around the clock medical services.

Our Residential Program is setup to ensure that the individual has completely monitored care during the transition from detox into PHP programming. Addiction treatment is the only focus at the residential level of care. Patients stay on site most of the time, but are taken to recreational activities under close supervision. This is still a vulnerable time in early recovery so constant care is vital. Groups are held daily and treatment includes weekly individual therapeutic sessions for each patient.

Intensive Inpatient

Banyan Treatment Center's Intensive Inpatient Program

Mental Health Programs

Banyan Mental Health specializes in treating patients with mood and thought disorders as a primary diagnosis, offering both residential and partial hospitalization programming. At the residential level of care patients live at the facility full-time while receiving treatment. Banyan's partial hospitalization program features a more relaxed setting where patients live off-site, attending therapeutic groups during the day and returning to their residences in the evening. Residential programming takes place for 8 hours a day, 5-6 days a week, while partial hospitalization programming is 6-8 hours a day, 5 days per week. Patients in both programs remain under supervision 24 hours a day, with access to medical care and mental health behavioral technicians to ensure their safety at all times.

What We Treat

- Depression
- Anxiety disorders (Generalized, OCD, and Panic Disorder)
- Bipolar Disorder
- Schizoaffective Disorders
- Trauma (including childhood and adult sexual, physical & emotional abuse)
- Grief & Loss Issues
- Self-Injury & Self-Harm Behaviors
- Adjustment & Attachment Disorders
- PTSD
- Co-Occurring substance abuse issues with mental health as a primary diagnosis.

Partial Hospitalization Program

The Partial Hospitalization Program at Banyan Treatment Center mimics a real life setting, while still providing full-time treatment. Patients participate in custom treatment plans that are unique to their individual needs. Therapy sessions and groups are held daily, and patients meet with their therapists individually on a weekly basis. Patients attend primary caseloads that provide a smaller, more intimate setting for therapy, as well as gender specific groups. We provide chiropractic services, acupuncture, and a Biofeedback Serenity Bed that is especially helpful for anxiety. We have an excellent medical staff to provide our patients with any medical services they may need. After the treatment day, patients are encouraged to participate in physical activity at a local health and fitness facility or park before they return to their living facilities.

We encourage our patients to meet people in their local recovery community by taking them to outside 12-step meetings. This makes the transition from treatment back to day-to-day life smoother after being discharged from their treatment program.

Intensive Outpatient (IOP)

Our Intensive Outpatient Program focuses on moving the structure provided in PHP into a daily routine that patients follow on their own. When patients step down to our Intensive Outpatient Program, we provide all of the same therapeutic services as before, while helping clients adjust to a new and sober lifestyle.

In the first phase, patients attend five days of group each week. Phase two of IOP begins when a patient obtains employment, at which time they can attend group three days a week. Patients attend groups on relapse prevention, maintaining responsible lifestyles, and continuing to develop coping skills. Patients continue to work with clinicians individually on a weekly basis.

When not attending group, patients are free to go to meetings of their choice, seek employment or volunteer. IOP provides patients with a smooth transition from a treatment setting into a life in recovery.

*“Banyan Treatment Center was a life changing experience for me. When I got here, I was planning on continuing to use, but with the help of the staff and community I was convinced to stay through the whole program, and **I can honestly say it was the best decision I ever made.**”*

Stabilization

The Stabilization Program aids in helping an individual get back on track after a relapse. If a patient was participating in a lower-level of care at another treatment facility and a relapse occurs, requiring them to complete stabilization at a higher level of care, our Stabilization Program may be a

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The Mature Track offers an alternative treatment setting for patients over the age of 30. This program allows more experienced patients to address different stage-of-life topics, such as marriage, parenting, and career related issues, along with their addictions. Patients in our Mature Track Program are able to relate to each other based on their level of life and/or recovery experience. Another aspect of the Mature Track is the emphasis on Mindfulness, the practice of living in the here-and-now in order to heighten self-awareness. Patients are invited to engage in several mindfulness activities, including nature groups, guided meditations, and daily reflections on the Buddhist teachings of the Eightfold Path.

According to Buddhist practices the eight paths are:

Understanding

Intention

Communication/Community

Action/Engagement

Livelihood/Service

Effort/Energy

Mindfulness/Meditations

Concentration/Meditations

SMART Recovery

At Banyan Treatment Center, our therapists have a wide variety of therapeutic skills, one of which is being trained in SMART Recovery. SMART Recovery (Self-Management for Addiction Recovery) is an effective treatment method that teaches techniques to help people recover from all forms of addiction. Using a 4-Point Program that encourages self-directed change, patients learn how to strengthen these points: Building /Maintaining Motivation, Coping with Urges, Managing Thoughts, and Living a Balanced Life.



Faith in Recovery

Our Faith in Recovery Program is a Christ-centered, 12-step approach to addiction treatment. Our faith-based, non-denominational, recovery program is open to patients of any background, religion, or beliefs.

We welcome the sick and suffering from all walks of life. We strive to be Christ-like in our actions. Jesus said that all are welcome, so we stand by those guidelines. All that we require for this program is someone who is seeking a spiritual connection. We approach addiction and mental health issues from a spiritual perspective and are a fully integrated faith centered program combined with evidence-based clinical guidelines. We believe that it is important to combine the spiritual component with other clinical programming including educational and clinical groups, relapse prevention, and individual clinical sessions. We meet all patients' where they are on their spiritual journey; there is no pressure to conform to Christianity. The approach encourages patients to have a deeper understanding of God's forgiveness, mercy, peace and love. We provide spiritual support, guidance, make suggestions and recommendations in a non-judgemental environment.

Luxury Programs

Seaside Palm Beach is one of South Florida's premier luxury, executive alcohol and drug rehabilitation centers located in Palm Beach Shores, just 20 minutes from West Palm Beach. Our state of the art facility is exclusive to high-end clientele, including CEOs and business owners. Our belief is that patients should not have to sacrifice their standard of living while undergoing treatment. This is why we offer cutting-edge addiction and mental health care in an atmosphere that is unmatched to other high-end vacation destinations. Seaside features amenities found at only a few other treatment facilities, including gourmet food, breathtaking ocean views and beach access, concierge service, and perhaps most importantly for our executive patients, a full-service business center and Wi-Fi in every room. The program is complete with a chef, private suites, transportation, golf and leisure activities, fitness and yoga, and countless other amenities.

Professionals and Executive Program

In our many years of experience treating substance abuse, we have identified a variety of professions that face unique challenges with regard to substance abuse and mental illness. Although high workplace stress levels are common to all of them, each of these professions has their own particular issues that need to be addressed in treatment. Due to this fact, we have created specialized professional programs for substance dependents in these identified fields. These professionals include: professional athletes, healthcare professionals, aviation professionals, first responders, and active duty and retired members of the military.

Vivitrol

Vivitrol is a monthly prescription injection that is used for the treatment of alcohol and opioid addiction. This prescription injection is an antagonist that blocks opioid receptors in the brain and curbs cravings that can lead to relapse. When Vivitrol is used in conjunction with therapy the chances of relapse are less likely. A proper medical detox is required before the use of Vivitrol, and should be combined with addiction treatment.

Aftercare

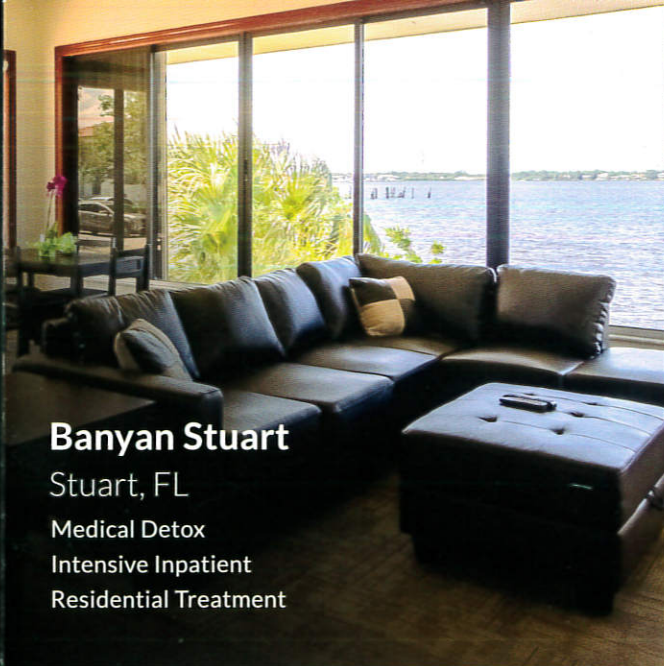
Patient support continues well after discharge from our programs. Banyan's team of licensed professionals helps develop aftercare plans for each patient. This enables patients to continue receiving care as they transition back to everyday life, following the completion of treatment. Aftercare plans may include safe housing arrangements, community support groups, and continued outpatient treatment with a provider who specializes in a patient's individual diagnosis. Banyan works with more than 1,000 providers nationwide, ensuring proper placement for each patient upon discharge from our facility.

Alumni Program

Our Alumni Relations staff maintains ongoing communication with patients to support them in their journey of recovery. This additional support is crucial during the transition back into their lives and families. Contact is made on a weekly basis, then monthly and bi-monthly once the patient has been successfully discharged.

We offer bi-weekly on-site alumni meetings and opportunities to interact with other Banyan alumni via social media, gatherings, and events. Connecting with others who have experienced addiction and recovery can be comforting and inspiring. Many patients find this ongoing support to be beneficial in sustaining long-term recovery.

Our Alumni Program helps our patients bridge the gap between treatment and starting a new chapter of life.



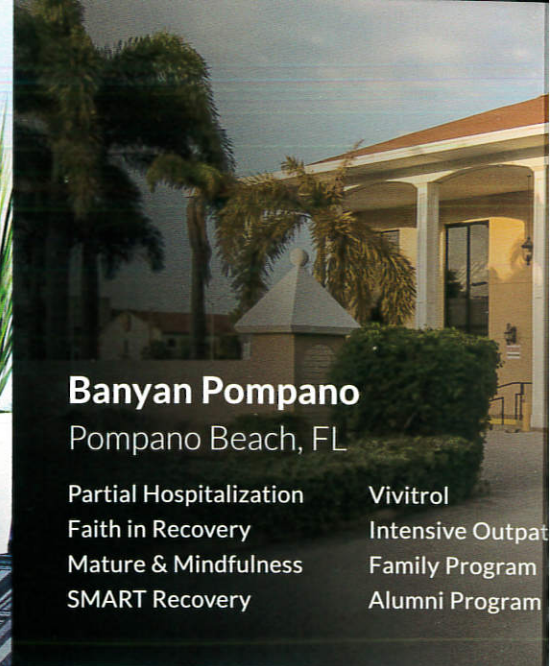
Banyan Stuart

Stuart, FL
Medical Detox
Intensive Inpatient
Residential Treatment



Banyan Philadelphia

Philadelphia, PA
Partial Hospitalization
Intensive Outpatient
Stabilization



Banyan Pompano

Pompano Beach, FL

Partial Hospitalization
Faith in Recovery
Mature & Mindfulness
SMART Recovery

Vivitrol
Intensive Outpatient
Family Program
Alumni Program



Banyan Massachusetts

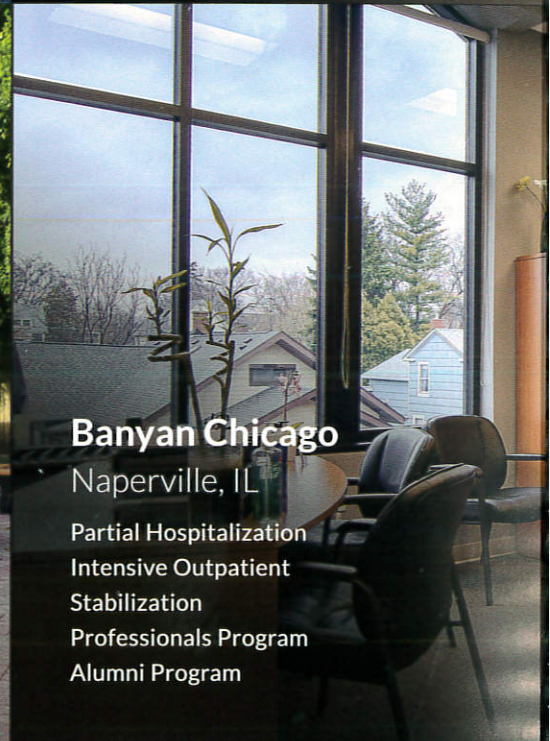
Wilmington, MA

Partial Hospitalization
Intensive Outpatient
Stabilization
Mature & Mindfulness
Alumni Program



Banyan Boca

Boca Raton, FL
Medical Detox
Residential Treatment
Mental Health Program



Banyan Chicago

Naperville, IL

Partial Hospitalization
Intensive Outpatient
Stabilization
Professionals Program
Alumni Program





The Banyan Treatment Center Family
Providing Growth Through Recovery

Banyan Treatment Center stands as a leader in providing growth through recovery by offering all levels of care in our treatment continuum. We have a qualified team comprised of Master's level, state licensed, and PhD. level clinicians who take pride in bringing our patients the highest standards of truly customized care. We view each patient as an individual and offer a unique variety of therapy programs to engage patients of various backgrounds, demographics, and life experiences.

All of our programs and therapies are designed to treat a person's whole mind, body and spirit. We prepare our patients for a successful transition back into society. We instill a healthy level of self-sufficiency, while giving support to our patients each step of the way. We assist in post-treatment employment services, ongoing legal issues, continuing education, community service opportunities and provide life skill coaching.

We offer all levels of care: Detox, Residential, Intensive Inpatient, Residential Mental Health, Partial Hospitalization Programming, Stabilization, Intensive Outpatient Services, and Alumni Programming.